Flexible Sigmoidoscopy Screening Protocol
2/27/03

Indications for SBE prophylaxis:

High Risk
1. Prosthetic heart valves
2. Complex CHF pulmonary shunt
3. Surgical pulmonary shunt

Moderate Risk
1. Congenital cardiac malformations
2. Acquired valvular dysfunction
3. Hypertrophic cardiomyopathy
4. Mitral valve prolapse with valvular regurgitation
FLEXIBLE SIGMOIDOSCOPY
ABNORMAL EXAM PROCESS “A”

Start

Abnormal Exam Process “A”

*Note: For any findings that cause concern to the sigmoidoscopist, consult a physician

Diverticular disease?

YES → High fiber diet education & repeat exam n 5 years

NO

Polyp?

YES → Size < 1 CM?

NO

Size > 1 CM Plan to schedule for follow-up colonoscopy

NO → Go to Flex Sig Protocol

Biopsy

Unable to Bx, colonoscopy referral

Adenoma

Hyperplastic

CA in situ or carcinoma

Schedule for colonoscopy

Repeat in 5 years

Schedule for colonoscopy and notify physician
Flexible Sigmoidoscopy
Incomplete Exam Algorithm “B”

Start

Incomplete Exam Algorithm “B”

Poor prep

Fleets enema

Effective

NO

Re-prep (consider alternative prep) and reschedule

YES

Complete Exam

< 35 cm insertion

Pt discomfort or anxiety

Offer sedation and reschedule

Effective?

NO

Document and notify Primary Care Physician

YES

Unable to advance scope

Schedule barium enema