



**PCC BMI/CPAP Protocol**

*Courtesy, Marjorie N. Blouin, RN and Shannon Magro, RN, Frederick Surgical Center, Frederick, Maryland  
December, 2005*

**Patient Name:** \_\_\_\_\_

All patients with a BMI greater than or equal to thirty five (35) will be further evaluated by phone for possible underlying pathologies associated with morbid obesity. These patients will need an EKG done and review by OP1 unless EKG normal and no other co-morbid issues present.

- 1. Does the patient have a history of sleep apnea?  Yes  No
- 2. Does the patient have a history of snoring?  Yes  No
- 3. Does the patient have a history of chronic fatigue?  Yes  No
- 4. Does the patient wake frequently at night?  Yes  No
- 5. Does the patient experience episodes of apnea during sleep?  Yes  No
- 6. Does the patient use or have a history of using CPAP or apnea monitoring?  Yes  No
- 7. If using CPAP, do you use it on a regular basis?  Yes  No
- 8. Does the patient have a history of CHF?  Yes  No

Actions Taken by PCC:

EKG ordered:  Normal  Other \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Nurse's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**OP1 Review:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

N/A

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_